



West Virginia  
**Kids Thrive**  
Collaborative

When kids and families thrive, West Virginia thrives.

# Quarterly Meeting

September 5, 2024

# Kids Thrive Collaborative Agenda

3. Children's Mental Health and Behavioral Health Services Quality and Outcomes Report Update
4. Residential Services Update
5. Resource Rundown Update
6. The Promise Project – Aetna
7. Children's Mental Health Evaluation, Residential Service – West Virginia University (WVU) Health Affairs Institute
8. Children with Serious Emotional Disorder (CSED) Waiver Update
9. Partial Hospitalizations Program – WVU Medicine
10. U.S. Department of Justice (DOJ) Update – Beth Kurtz



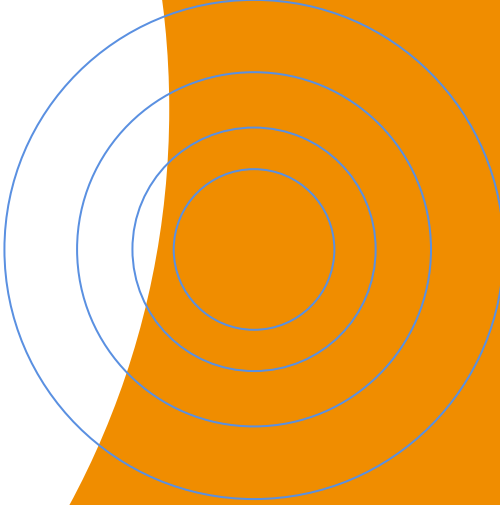


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# Children's Mental Health Outcomes Semi-Annual Report Update

**Laura Hunt**

Director of Office of Quality Assurance  
for Children's Programs  
West Virginia (WV) Department of Human  
Services (DoHS)



# 4. Residential Services Update

- State Plan Amendment (SPA) for Residential Mental Health Treatment Facilities (RMHTFs)
  - Creates new rate structure
  - Modernizes program requirements
  - Clarifies minimal clinical requirements
- DoHS paused SPA filing to update program manual regarding programmatic changes
  - Amending program manual allows time to determine any additional SPA changes before filing

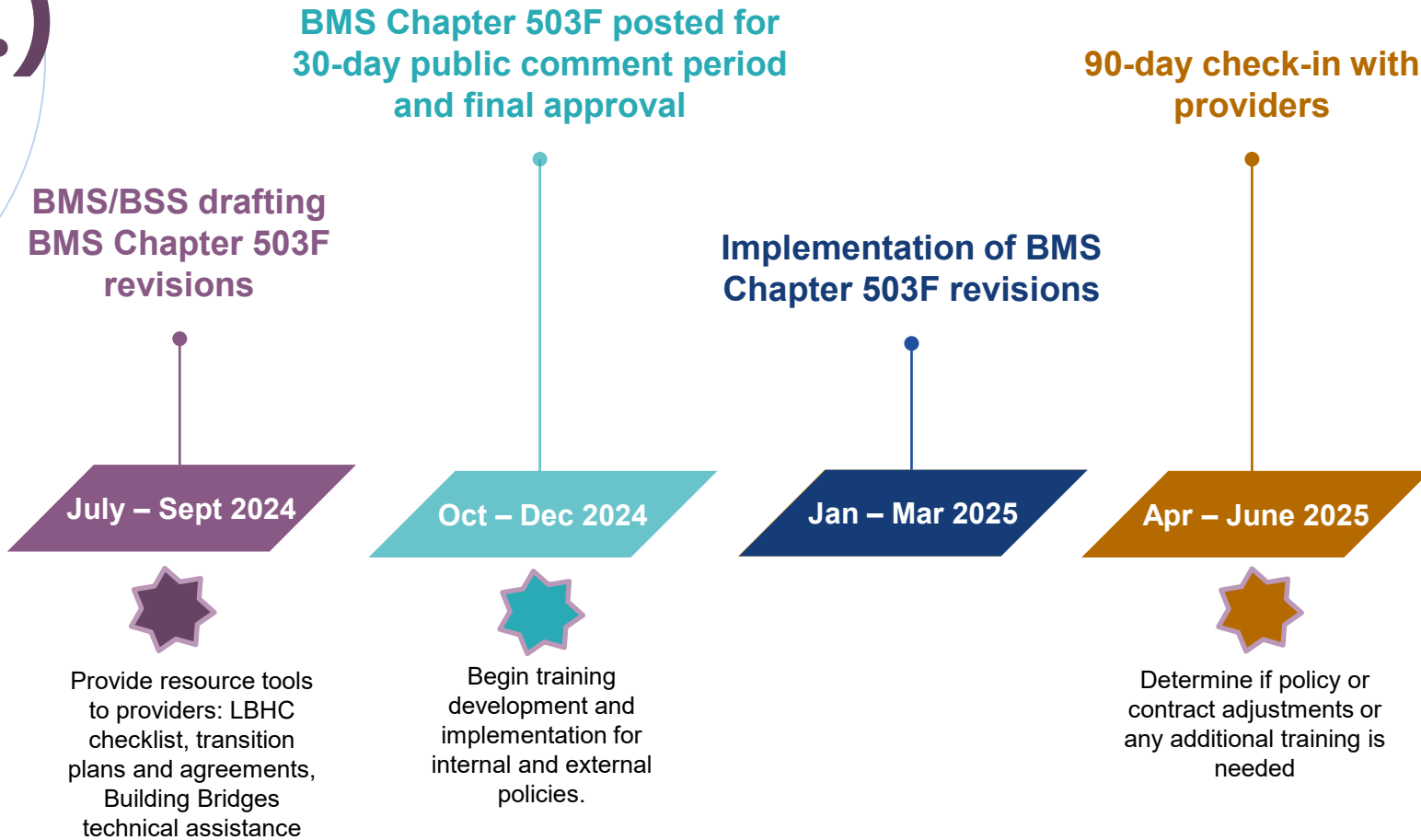


# 4. Residential Services Update (Continued)

- Appendix 503F of Bureau for Medical Services' (BMS') *Chapter 503: Licensed Behavioral Health Services* sets forth the requirements for:
  - Provider enrollment
  - Program levels
  - Clinical services



# 4. Residential Services Update (Cont.)



# 4. Residential Services Update (Cont.)

- Each RMHTF (Levels I, II, and III) will be required to:
  - Offer a nationally recognized evidence-based, trauma informed treatment model that provides a framework for a trauma-informed organizational structure applicable to the population of youth served
  - Provide client-level interventions rated by the California Evidence-Based Clearinghouse for Child Welfare as well-supported, supported, or promising to address trauma
  - Be accredited by a nationally recognized organization
  - Provide a minimum number of clinical service hours per week



# 4. Residential Services Update (Cont.)

- Examples of trauma-informed organizational structures
  - Children and Residential Experiences (CARE)
  - The Sanctuary Model
  - Collaborative Problem Solving (CPS)
  - Attachment, Regulation, and Competency (ARC) – System Level
  - Risking Connection
  - Restorative Approach
  - Trauma Systems Therapy





# 4. Residential Services Update (Cont.)

- Examples of client-level interventions rated by the Clearinghouse:
  - Trauma Focused Cognitive Behavioral Therapy (TF-CBT)
  - Eye Movement and Desensitization Reprocessing (EMDR)
  - Prolonged Exposure Therapy for Adolescents (PE-A)
  - Seeking Safety
  - Cue-Centered Therapy
  - Risk Reduction Through Family Therapy
  - Structured Sensory Intervention for Traumatized Children, Adolescents and Parents – At Risk Treatment (SITCAP-ART)
  - *I Feel Better Now!* Trauma Intervention Program



## 4. Residential Services Update (Cont.)

- Examples of approved accreditation organizations
  - Commission on Accreditation of Rehabilitation Facilities (CARF)
  - Joint Commission on Accreditation of Health Organizations (JCAHO)
  - Council on Accreditation (COA)
  - Any other independent Health and Human Services (HHS) approved organization



# 4. Residential Services Update (Cont.)

- Goals for Program Changes
  - Reduce and eliminate restraint, seclusion, and coercion
  - Reduce the share of youth re-entering treatment after transitioning back to the community following initial treatment episode
  - Reduce the share of youth who required multiple episodes of out-of-home treatment
  - Shorten the average length-of-stay for youth in out-of-home treatment
  - Reduce the number of youth served in out-of-state facilities



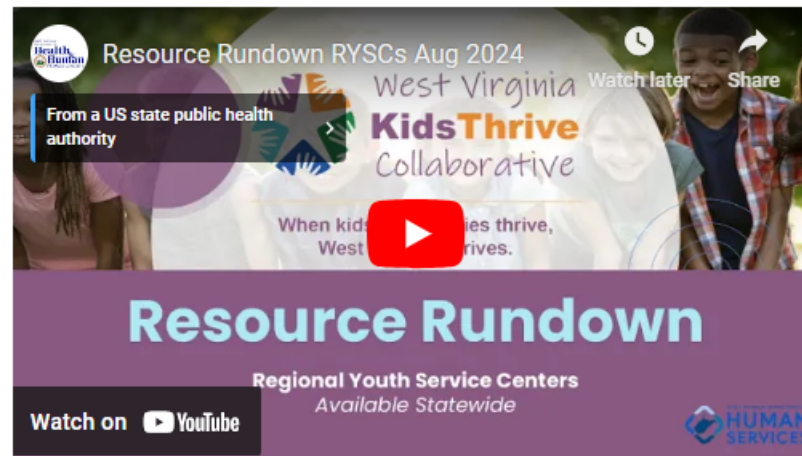
# 4. Residential Services Update (Cont.)

- DoHS will continue to focus on the following areas through its Office of Quality Assurance for Children's Programs and its Continuous Quality Improvement (CQI) Plan:
  - Individualized treatment plans
  - Quality discharge plans to reduce the length of stay
  - Aftercare planning designed to reduce re-entry
  - Decreased utilization of out-of-state facilities



# 5. Resource Rundown

Watch the latest Resource Rundown episode, a short video about the Bureau for Behavioral Health's Regional Youth Service Centers available statewide for youth and families. This episode is presented in collaboration with FMRS Health Systems.





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# The Promise Project

**Kathy Szafran**

Aetna Better Health® of West Virginia





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# Children's Mental Health Evaluation Residential Service

**Drs. Jen Ervin and Christi Gross**  
WVU Health Affairs Institute



# 8. CSED Waiver Update

- 1915(c) CSED Waiver amendment changes recently approved by CMS are planned to be effective on October 1, 2024.
- An updated *Chapter 502: CSED Waiver Policy Manual* was released for public comment on August 22, 2024, including policy updates related to these changes. Public comments are due by September 22, 2024.
- Visit [dhhr.wv.gov/bms](https://dhhr.wv.gov/bms) and click on *Public Notices* at the top.





# 8. CSED Waiver Update (Continued)

Approved changes to the CSED Waiver amendment:

- Wraparound facilitation updates:
  - Moderate intensity and high intensity will be the two Wraparound Facilitation services offered.
  - Both services will have a per-member per-month (PMPM) unit rate rather than the current Wraparound Facilitation 15-minute unit of service.
- Strengthened language around coordination and responsibilities of the Child and Family Team (CFT).



# 8. CSED Waiver Update (Cont.)

- Streamlined the process for requesting/approving geographic exceptions for conflict-free case management, to enable more timely access to services.
- Removed Mobile Crisis Response because it is available as a BMS state plan service under *Chapter 503: Licensed Behavioral Health Services*. Members will not experience service interruptions or losses.
- Included pre- and post-graduate relative experience in the required experience for provider staff to help increase the available workforce.



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# Partial Hospitalizations Program

**Blake Gibson, MD**  
WVU Medicine

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# DOJ Update

**Beth Kurtz**

U.S. Department of Justice (DOJ)



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**Thank you!**

[kidsthive.wv.gov](http://kidsthive.wv.gov)  
[kidsthive@wv.gov](mailto:kidsthive@wv.gov)

# Contacts

**Cammie Chapman**, Deputy Secretary of  
Children and Adult Services

West Virginia Department of Human Services  
One Davis Square, Suite 100 East  
Charleston, WV 25301

304-558-3648

[Cammie.L.Chapman@wv.gov](mailto:Cammie.L.Chapman@wv.gov)

**Laura Hunt**, Director  
Office of Quality Assurance for Children's Programs

West Virginia Department of Human Services  
One Davis Square, Suite 100 East  
Charleston, WV 25301

304-558-6052

[Laura.N.Hunt@wv.gov](mailto:Laura.N.Hunt@wv.gov)

**Laura G. Radcliff**, Program Manager

Bureau for Medical Services  
West Virginia Department of Human Services

350 Capitol Street, Room 251  
Charleston, WV 25301

304-352-4255

[Laura.G.Radcliff@wv.gov](mailto:Laura.G.Radcliff@wv.gov)